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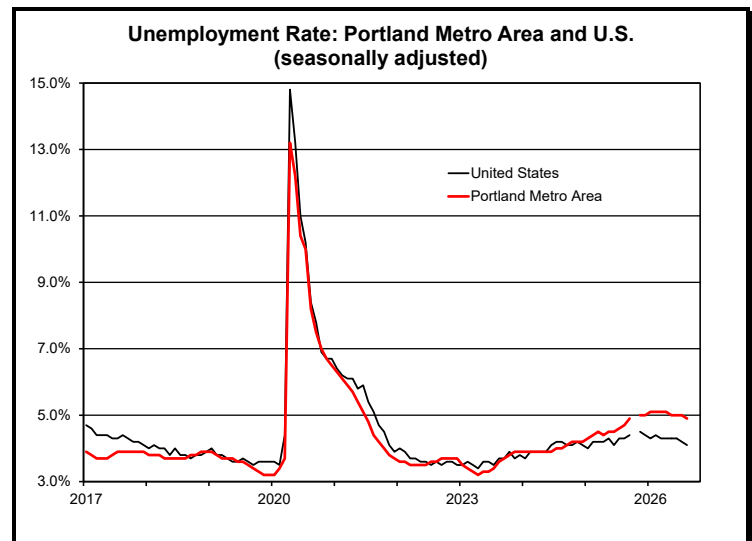
Employment and Unemployment in the Portland Metropolitan Area July 2026

The Portland metropolitan area's unemployment rate was 4.9% in July, essentially unchanged from June (5.0%). Approximately 67,800 area residents were unemployed; 4,500 fewer than a year ago. The region's unemployment rate has hovered around 5.0% for the past year. Oregon's unemployment rate was 5.2% and the national rate was 4.1% in July.

The metro area's nonfarm employment declined by 1,000 jobs in July (seasonally adjusted). June data was revised from a loss of 1,800 jobs to a gain of 2,400.

Most industries followed seasonal trends in July with the exception of private health care and social assistance and local government. However, neither of these industries deviated from seasonal norms by more than a few hundred jobs.

Over the past 12 months employment in the metro area has declined by 500 jobs (not seasonally adjusted). Despite the small decline, many major industries have lost jobs led by manufacturing (-4,400; -3.8%); trade, transportation, and utilities (-2,600; -1.2%); construction (-1,700; -2.1%); and information (-1,000; -3.9%). These losses have been largely offset by gains in two sectors: private education and health services (+7,700; 3.8%) and leisure and hospitality (+2,400; 1.9%).



Next Press Release

The Oregon Employment Department will release the Portland metropolitan area's unemployment rate and employment survey data for August on Tuesday, Sep. 22.

The Oregon Employment Department and the U.S. Bureau of Labor Statistics (BLS) work cooperatively to develop and publish monthly payroll employment and labor force data for Oregon's metropolitan areas and counties. The estimates of monthly job gains and losses are based on a survey of businesses. The estimates of unemployment are based on a survey of households and other sources.

The Oregon Employment Department payroll employment estimates are revised quarterly using information from unemployment insurance tax records. All department publications use data from this *official Oregon series* unless noted.

The department also makes the BLS-produced nonfarm payroll employment series for metropolitan areas available. These are revised annually by BLS.

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To file an Unemployment Insurance claim, visit our online claims system or call our contact centers, where Employment Department staff are ready to help by phone, at 1-877-FILE-4-UI (1-877-345-3484). For help finding jobs and training resources, go to: www.WorkSourceOregon.org.

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Portland-Vancouver-Hillsboro, OR-WA MSA Current Labor Force and Industry Employment

	--Change From--				
	July 2026	June 2026	July 2025	June 2026	July 2025
Labor Force Status					
Civilian labor force	1,372,771	1,369,478	1,388,086	3,293	-15,315
Unemployed	67,784	67,990	72,285	-206	-4,501
Unemployment rate	4.9%	5.0%	5.2%	-0.1	-0.3
Unemployment rate (seasonally adjusted)	4.9%	5.0%	4.9%	-0.1	0.0
Employed	1,304,987	1,301,488	1,315,801	3,499	-10,814
Nonfarm Payroll Employment					
Total nonfarm employment	1,234,400	1,237,300	1,234,900	-2,900	-500
Total nonfarm employment (seasonally adjusted)	1,227,000	1,228,000	1,237,600	-1,000	-10,600
Total private	1,079,200	1,074,400	1,080,100	4,800	-900
Mining, logging, and construction	79,500	77,500	81,200	2,000	-1,700
Mining and logging	1,100	1,100	1,100	0	0
Construction	78,400	76,400	80,100	2,000	-1,700
Construction of buildings	20,600	20,000	20,900	600	-300
Residential building construction	13,100	12,700	12,900	400	200
Nonresidential building construction	7,500	7,300	8,000	200	-500
Heavy and civil engineering construction	7,300	7,000	7,600	300	-300
Specialty trade contractors	50,500	49,400	51,600	1,100	-1,100
Manufacturing	112,700	111,400	117,100	1,300	-4,400
Durable goods	83,400	82,800	86,600	600	-3,200
Primary metal manufacturing	4,500	4,500	4,500	0	0
Fabricated metal product manufacturing	11,600	11,600	11,800	0	-200
Machinery manufacturing	9,200	9,100	9,200	100	0
Computer and electronic product manufacturing	32,400	32,200	35,400	200	-3,000
Semiconductor and electronic component mfg.	27,000	26,800	30,000	200	-3,000
Electronic instrument manufacturing	4,000	4,000	4,000	0	0
Transportation equipment manufacturing	7,200	7,200	6,700	0	500
Nondurable goods	29,300	28,600	30,500	700	-1,200
Food manufacturing	13,300	13,200	13,900	100	-600
Trade, transportation, and utilities	216,100	214,900	218,700	1,200	-2,600
Wholesale trade	55,000	55,100	55,900	-100	-900
Retail trade	110,700	109,600	111,800	1,100	-1,100
General merchandise retailers	22,100	22,100	21,900	0	200
Transportation, warehousing, and utilities	50,400	50,200	51,000	200	-600
Utilities	2,800	2,800	2,800	0	0
Transportation and warehousing	47,600	47,400	48,200	200	-600
Truck transportation	9,900	9,900	10,300	0	-400
Couriers and messengers	11,600	11,400	11,900	200	-300
Warehousing and storage	9,600	9,500	10,000	100	-400
Information	24,900	24,700	25,900	200	-1,000
Software publishers	10,100	10,200	10,200	-100	-100
Financial activities	72,500	71,600	72,200	900	300
Finance and insurance	40,400	40,000	39,900	400	500
Credit intermediation and related activities	14,200	14,100	14,000	100	200
Insurance carriers and related activities	19,300	19,200	18,800	100	500
Real estate and rental and leasing	32,100	31,600	32,300	500	-200

Nonfarm Payroll Employment (continued)

	July 2026	June 2026	July 2025	--Change From-- June 2026	July 2025
Professional and business services	189,500	188,900	190,300	600	-800
Professional and technical services	84,000	83,800	84,800	200	-800
Architectural and engineering services	15,800	15,700	16,000	100	-200
Computer systems design and related services	14,700	14,700	15,200	0	-500
Management of companies and enterprises	38,200	38,100	39,600	100	-1,400
Administrative and waste services	67,300	67,000	65,900	300	1,400
Employment services	24,700	25,100	23,000	-400	1,700
Private education and health services	213,000	215,500	205,300	-2,500	7,700
Private educational services	25,700	27,800	23,200	-2,100	2,500
Health care and social assistance	187,300	187,700	182,100	-400	5,200
Ambulatory health care services	65,400	65,400	64,200	0	1,200
Hospitals	34,600	34,600	34,500	0	100
Nursing and residential care facilities	36,000	35,800	34,200	200	1,800
Social assistance	51,300	51,900	49,200	-600	2,100
Leisure and hospitality	127,500	126,100	125,100	1,400	2,400
Arts, entertainment, and recreation	22,300	22,100	21,000	200	1,300
Accommodation and food services	105,200	104,000	104,100	1,200	1,100
Accommodation	10,500	10,300	10,500	200	0
Food services and drinking places	94,700	93,700	93,600	1,000	1,100
Restaurants and other eating places	82,700	82,000	82,300	700	400
Other services	43,500	43,800	44,300	-300	-800
Government	155,200	162,900	154,800	-7,700	400
Federal government	17,500	17,500	18,500	0	-1,000
State government	13,700	14,000	14,100	-300	-400
State education	1,000	1,300	1,600	-300	-600
Local government	124,000	131,400	122,200	-7,400	1,800
Local education	59,300	66,500	59,900	-7,200	-600

The most recent month is preliminary, the prior month is revised. Prepared in cooperation with the U.S. Department of Labor, Bureau of Labor Statistics.

Civilian labor force includes employed and unemployed individuals 16 years and older by place of residence.

Employed includes payroll employment, self-employed, unpaid family workers, domestics, agriculture, and labor disputants.

Unemployment rate is calculated by dividing unemployed by civilian labor force.

Nonfarm Payroll Employment: Official Oregon Series. Data are by place of work and cover full- and part-time employees who worked or received pay for the pay period that includes the 12th of the month. The data exclude the self-employed, volunteers, unpaid family workers, and domestics.

The Portland-Vancouver-Hillsboro metropolitan area includes Clackamas, Columbia, Multnomah, Washington, and Yamhill counties in Oregon, and Clark and Skamania counties in Washington State.